

TEAM BUILDING AT CATTON HALL.

Getting a team together is no easy feat. So we understand how important it is that when a team is brought together, they not only have a great time, but that you achieve clear results which will make a real difference back at work.

Our activities are designed to encourage groups to work together as a team whilst also having good fun!

A structured and focused training day with clear objectives will be agreed prior to the day. Each activity has a particular skill to promote – whether it is physical or mental challenges. Our team of professional and experienced staff ensure that participants are safe throughout the day.

ACTIVITIES

CLAY SHOOTING

Clay Pigeon Shooting is a highly exhilarating and satisfying sport. Participants become hooked on the thrill of hitting the targets and confidence increases throughout the shoot, so much so that guests at first become excited by what they hit but then disappointed by what they miss, it's amazing how the competitive streak is brought out in individuals.

Our instructors are excellent and will ensure that everyone is hitting a variety of targets. Although focus is placed on teaching guests how to clay shoot, our instructors are very friendly and personable, encouraging a positive atmosphere among the teams, it's an ideal environment for people to really get to know one another.

FORMAT:

Guests are split into teams of five and will then work their way around the shooting ground with a qualified instructor.

Each team member will have 3 or 4 shots at varying targets in a woodland setting. This will be followed by a second trip around which will feature a competition. Each team will compete against the other, with trophies being presented to the winning team.

At the end of the team events, participants are given the opportunity to take part in a "Flurry". Each competitor has 10 shots on two varying targets

This is where the top individual shots are given the opportunity to battle it out for the High Gun Trophy.

There is a real buzz from the competition at the end, everyone gets involved, plugging for their team member!

QUAD RACING

Quad Bike Racing takes place in a specially designed track, featuring chicanes, tight bends, dips, hills and fast straights. Challenging, fun and intense!

FORMAT

Competitors split into teams, two teams will battle it out at the race track at any one time. We start with a safety briefing then a practice circuit, followed by heats then final times are taken.

Who can negotiate this testing course in the quickest time!

Everyone really wants to win this challenge and it's a lot harder than it looks.

Trophy presentations to the fastest team

PAINTBALL GAMES

Strategy, Skill and **Stealth** are the essential ingredients for this intense combat warfare experience.

Companies have been increasingly taking advantage of paintball events to encourage team spirit, whilst develop team tactics. Involving many forms of communication, paintball, promotes real co-operation amongst players.

Managers have found paintball experiences really useful in identifying the leaders from strategists, communicators from listeners from the daring to patient snipers. You'll be amazed at how the experience brings out personality and character never seen before in staff.

Our team of Marshals are also closely observing the play and offer their own opinions on who they think the real commanders are.

ARCHERY

In one hour the team must master the art of longbow and cross bow archery. The session starts by practicing on the traditional target board before moving onto more tricky targets. Who can cut the string, suspended from the bottle of champagne.

AIR RIFLE

A keen eye and steady hand are the essential ingredients for this testing sport.

A selection of articles are displayed, who can shatter the most objects in a given time.

OTHER MISSIONS...

TREASURE HUNTS

This involves a testing but pleasant walk throughout the Catton Hall Estate.

The journey will take you through fields, woodland, along river banks. Clues and props along the way will help you with your questions.

BRIDGE BUILDING

Cross the ravine, with the materials provided, who can build the best bridge in the fastest time.

RAFT BUILDING

Transport the treasure chest across the River Weaver.

BOMB DISPOSAL

A bomb has been discovered. The team must open the correct cover plate to gain access to the wiring mechanism, once opened they have 25 minutes to re-configure the wiring and

render the bomb harmless, trembler switches and dummy wires must be identified to avoid team vaporisation.....

BLIND FOLD DRIVING

Put your non-verbal communication skills to test by directing your driver around our obstacle course with actions....no talking!! You're the eyes and they're the ears!